Box Butte General Hospital

Community Health Improvement Plan

Work Plan

Priority Area 1: Mental Well-Being

Objective 1.1	Increase the proportion of people with substance use and mental health disorders who get treatment for both (HP 2030; MHMD-07)		
Strategy	Mental Health and Mental Illness: Collaborative Care for the Management of Depressive Disorders (Source: The Community Guide)		

Activity	Performance Measures	Target Date	Lead Partners
Increase capacity of mental health providers at the hospital	▪ New mental health professionals hired. ▪ Expanded recruitment strategy to bring in more mental health professionals	December, 2023	BBGH HR team
Increase awareness of warning signs to improve referral path for hospitals and worksites	▪ # of enrolled and completed in the program ▪ # of classes offered annually.	December 1, 2023	BBGH Panhandle Public Health District Area worksites

Objective	Increase the proportion of primary care visits where adolescents and adults are screened for depression (HP 2030; MHMD-08)		
Strategy	Suicide Risk: Screening in Adolescents, Adults, and Older Adults (Source: United States Preventive Services Task Force)		

Activity	Performance Measures	Target Date	Lead Partners
Increase provider awareness of existing mental health services	▪ # of referrals to relevant services made	December 1, 2020	Nebraska Hospital Association Joint Commission Environment of Care Committee

Priority Area 2: Access to Care

Objective 3.1	Reduce the proportion of persons who are unable to obtain or delay in obtaining necessary medical care (Healthy People 2030: AHS-04)		
Strategy	Reducing Structural Barriers for Clients (Colorectal Cancer, Breast Cancer, Cervical Cancer) (Source: The Community Guide)		
Activity	**Performance Measures**	**Target Date**	**Lead Partners**
Increase capacity of telehealth program	▪ Work with clinics in surrounding communities and set up telehealth locations	December 1, 2023	BBGH
Continue to support local transportation services through funding to reduce the barrier of transportation	▪ Number of funding opportunities pursued per year ▪ Budget line item for community transportation services	December 1, 2023	BBGH
Support complete streets efforts to increase transportation opportunities for residents	▪ Complete streets policy adopted	December 1, 2023	BBGH
Continue to support remote clinics in smaller surrounding communities	▪ Clinics stay open ▪ Expansion of services at each clinic	December 1, 2023	BBGH

Priority 3: Chronic Disease Prevention

Objective 3.1	Improve Cardiovascular health in adults (HP 2030, HDS-01)		
Strategy	[Comprehensive telehealth interventions to improve diet among patients with chronic disease](#) (Source: The Community Guide) Living Well (Stanford)		
Activity	**Performance Measures**	**Target Date**	**Lead Partners**
Expand lifestyle medicine offerings to public	▪ Lifestyle medicine becomes available to the public	December 2022	Box Butte General Hospital
Restart Living Well program – opportunity for virtual participation	▪ # of participants ▪ Positive outcomes at end of group session survey	December 2021	Box Butte General Hospital Panhandle Public Health
Objective 3.2	Reduce the annual number of new cases of diagnosed diabetes in the population (Healthy People 2020: D-1)		
Strategy	[Combined Diet and Physical Activity Promotion Programs to Prevent Type 2 Diabetes Among People at Increased Risk](#) (Source: Community Preventive Services Task Force)		
Activity	**Performance Measures**	**Target Date**	**Lead Partners**
Provide a minimum of two National Diabetes Prevention Program Community classes annually.	▪ Two community classes provided annually.	December 2021	Panhandle Public Health District, Box Butte General Hospital, Community Worksites.
Educate healthcare providers on referring pre-diabetic or increased risk patients to the National Diabetes Prevention Program.	▪ Annual healthcare provider education and update complete.	December 2021	Senior Level Leadership, organizational policy makers
Work with key community partners to create a walkable community plan including complete streets policy	▪ Walkable community plan in place ▪ Complete Streets policy adopted	12/1/2023	Box Butte General Hospital, Panhandle Public Health District, City of Alliance, Alliance Recreation Center,

			Disability Rights Nebraska, Public transportation system
Create walkable campus plan including worksite physical activity policy.	▪ Walkable campus and signage campaign adopted and systematically promoted. ▪ Worksite physical activity policy adopted ▪ Wellness program data indicators positively trending for employee physical activity.	12/1/2023	Box Butte General Hospital, Panhandle Worksite Wellness Council

Objective 3.3	Increase the proportion of people who discuss interventions to prevent cancer with their providers (HP 2030, C-R02)

Strategy	Increase cancer screening availability in the community by engaging community health workers. (Source: Community Guide)

Activity	Performance Measures	Target Date	Lead Partners
Utilize patient portal reminders for screening reminders.	▪ Number of reminders sent out per year ▪ Percent of people screened for colorectal cancer and cervical cancer	Measured annually	Clinics, local providers

Objective 3.4	Reduce infections of human papillomavirus (HPV) infection types prevented by the vaccine in young adults (Healthy People 2030: IID-07)

Strategy	Vaccination Programs: Community-Based Interventions Implemented in Combination (Source: The Community Guide)

Activity	Performance Measures	Target Date	Lead Partners
Educate the public at community events on the importance of HPV Vaccine focusing on Grant county	▪ Number of event held per year ▪ Number of events attended per year ▪ Percent of people getting the	Measured annually	Box Butte General Hospital

residents	vaccine		

Priority 4: Aging and Vulnerable Populations

Objective 4.1	Increase the proportion of adults with mental illness who get treatment (HP2030, MHMD-04)		
Strategy	Healthy Aging resources from HHS		
Activity	**Performance Measures**	**Target Date**	**Lead Partners**
Grow and destigmatize the Senior Life Solutions Program	▪ Number of participants	December 1, 2023	BBGH
Objective 4.2:	Reduce child abuse and neglect deaths and reduce nonfatal child abuse and neglect (HP2030; IVP-15 and IVP-16)		
Strategy	Violence Prevention: Early childhood home visitation to prevent child maltreatment (Source: The Community Guide)		
Activity	**Performance Measures**	**Target Date**	**Lead Partners**

Increase collaboration with and referrals to Healthy Families Program	▪ Number of children mistreated as recorded by Kids Count	December, 2023	Kimball Health Services, Panhandle Public Health – Healthy Families
Increase awareness of Bridges Out of Poverty Program	▪ Host at least annually ▪ Measure learning of participants	December 2023	Kimball Health Services Panhandle Partnership